



# McDowell County

# 4-H



# Summer Discovery 2024

4-H Summer Discovery is a collection of educational workshops, field trips, and hands-on activities planned especially for McDowell County youth. This special program is designed to give youth positive learning opportunities and focus on developing life skills. Summer Discovery is made possible by dedicated 4-H volunteers and McDowell County Cooperative Extension staff.

Chad Ray, Agent  
4-H youth and Development

**Registration BEGINS: Wednesday, May 15, 2024 at 1:00 pm**  
**NO EARLY REGISTRATION WILL BE ACCEPTED!**

4-H is a non-profit organization and is open to **ALL** youth ages 5-18 in McDowell County. All fees are for educational supplies, admission fees, limited insurance, refreshments, and transportation. Limited insurance will be provided for all participants for \$1.00 (this insurance is required). Registration form and 4-H Online enrollment must be completed in its entirety by parent or legal guardian prior to registering the participant. Registration will not be accepted if forms and 4-H Online are incomplete.

If your child has any special needs, contact the 4-H Agent prior to registration. Every effort will be made to accommodate special needs if adequate notification is given.

Prepayment is required to reserve a space.

**No registration will be accepted by telephone.**

Make your checks payable to **McDowell County 4-H** and use only one form per child.

Activities are filled on a first-come, first serve basis.

\*\*\*water will be provided at all workshops\*\*\*

**Attention Parents:**  
Spaces are limited to youth only.

# Questions ????

For more information about 4-H Summer Discovery or the 4-H program in McDowell County, call Chad Ray @ (828) 652-8104, Monday – Friday, 8:30 am to 5:00 pm.

**Registration Deadline is June 7<sup>th</sup>.** Remember to register early, space is limited.

**No Debit or Credit Cards Accepted**

**Make check or money order payable to: McDowell County 4-H and mail or bring to:**

**McDowell County 4-H  
NC Cooperative Extension  
60 East Court Street  
Marion. NC 28752**

**To enroll in 4-H Summer Discovery, you must be enrolled in 4-H Online. If you have never enrolled, please go to <https://nc.4honline.com> and set up a profile. If you have questions or need assistance in completing the enrollment, please contact Chad Ray or Heather Peek at 828-652-8104.**



### **Emerald Village / Tom's Creek Falls Hike**

June 11, 2024 9:00am – 2:00pm

Ages: 5-18

Class Limit 12 **Cost: \$15.00**

We will trek up the mountain to Emerald Village in Spruce Pine. Participants will have the chance to gem mine and find all kinds of precious stones that are native to Western North Carolina.

After a picnic lunch we will spend the afternoon hiking to the beautiful Tom's Creek Falls right here in McDowell County. This is a great hike that isn't too strenuous.

*What to bring: Please wear comfortable walking/hiking shoes, a water bottle and bagged lunch.*



### **Fish On!**

June 13, 2024 8:30 am - 2:00 pm

Ages: 8-18

Class Limit 12 **Cost: \$5.00**

Who wants to go fishing? Participants will get to try their hand at fishing. This is an entertaining fun filled day. Participants will go with Molly Sandfoss, aka Fish Momma, to see who will catch the biggest or the most. This is a great trip for both experienced anglers and first timers. **If you are 18 or older you must have a valid North Carolina fishing license to fish!!!**

*What to bring: Bag lunch, rods, reel, tackle (hooks, sinkers, and bobbers), stringer, and cooler so you can take your catch home. \*\*\*Closed face reels are much easier for youth to use. 4-H will provide bait.*



### **South Toe Hike**

June 18, 2024 9:00am – 3:00pm

Ages: 5-18

Class Limit 12 **Cost: \$5.00**

Join us as we go hiking to the beautiful South Toe River. We will go to Black Mountain Campground and hike the area. After a nice hike we will have the chance to cool off in the river.

*What to bring: Please wear comfortable walking/hiking shoes, towel, change of clothes, a water bottle and bagged lunch.*



### **Disc Golf**

June 20, 2024 9:00am – 2:00pm  
Ages: 9-18  
Class limit 12 **Cost: \$15.00**

Join us as we go to play disc golf! We will try our hand at learning this very popular sport. Participants will try to land their frisbee in the goal over 18 holes. It is sure to be fun and exciting.

*What to bring: Comfortable shoes, water bottle, bagged lunch.*

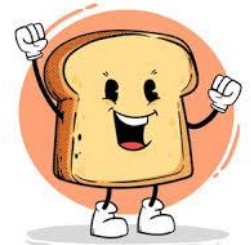


### **4-H Bread and Butter with Ms. Janet**

June 25, 2024 1:00pm – 4:30pm  
Ages 8-18  
Class Limit 12 **Cost: \$5.00**

Join Ms. Janet and Ms. Skylar in the kitchen! Participants will learn how to make sourdough bread and homemade butter. At the end of the class they will get to sample their work and bring some home to share.

*This class will meet in the Cooperative Extension Conference Room!*



### **Catawba Falls/Andrews Geyser**

June 27<sup>th</sup>, 2024 9:00am – 2:00pm  
Ages 5-18  
Class Limit 12 **Cost: \$5.00**

Join us as we hike to Catawba Falls. Catawba Falls has been closed for the past couple of years for extensive remodeling. Join us as we hike to the falls and see firsthand all the changes. We will also go visit Andrew's Geyser in Old Fort and find some creeks to go stomping!

*Please wear comfortable hiking shoes and a change of shoes if you decide to get them wet! Also everyone needs a bagged lunch.*



### **Schiele Museum of Natural History and Planetarium**

July 16, 2024            9:00am- 4:00pm  
Ages: 8-18  
Class Limit 12            **Cost: \$15.00**



We will travel to the Schiele Museum in Gastonia, North Carolina. Participants will learn hands on about science and nature. We will have a picnic lunch and end the day with a planetarium show.

*What to bring: Comfortable walking shoes and a bagged lunch.*

### **Biltmore Farms/WNC Nature Center**

July 17, 2024            9:00am – 3:00pm  
Ages 5-18  
Class Limit 12            **Cost: \$15.00**



Join us as we travel to the beautiful Biltmore Estate. We will see the animals on the farm and learn about the rich history of this lavish estate. We will learn about how they use the farms to provide food for their restaurants.

We will then travel to the WNC Nature Center to see all kinds of animals up close and have a picnic lunch.

*What to Bring: Comfortable walking shoes Bagged lunch.*

### **Grandfather Mountain**

July 18, 2024            9:00am – 3:30pm  
Ages: 8-18  
Class Limit 12            **Cost: \$15.00**



Grandfather Mountain is one of the most unique areas in the mountains of North Carolina. Participants will have a chance to cross the mile high swinging bridge and hike around the mountain. We will also get to see the animals in the Grandfather Mountain Nature Habitat and have class with the park rangers.

*What to bring: Comfortable walking shoes and a bagged lunch.*

### **NC Wildlife Hunter Education**

July 23 and 24, 2024                      9:00am-12:00pm  
Ages 8-18  
Class limit 12                                **Cost: \$5.00**



Do you enjoy hunting or just target shooting? Come join us and get your NC Wildlife Hunter Education Certification. This is a six hour class broken up into two days. Each day will meet in the Cooperative Extension Office. Participants must attend both days. Participants of this class will also have top priority to attend our rifle and archery range day on July 25<sup>th</sup>. This class is taught at a 6<sup>th</sup> grade level.

### **4-H Archery and Rifle Range Day**

July 25, 2024                      9:00am – 12:00pm  
Ages 8-18  
Class Limit 12                                **Cost: \$5.00**

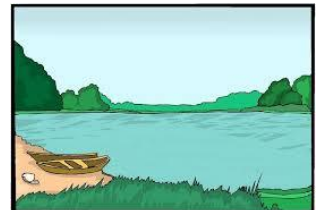


Join us for a fun day on the range. We will travel to Carolina West Shooting Club to try our hand at archery and rifle.

*What to bring: Water bottle and closed toe shoes.*

### **Lake Lure Beach and Flowering Bridge**

July 30, 2024                      9:00am – 3:00pm  
Ages 8-18  
Class Limit 12                                **Cost: \$15.00**



We are traveling down to the beautiful beach at Lake Lure. We will swim and play on the waterslides and all that they offer. We will have a nice picnic lunch and then tour the beautiful flowering bridge in Lake Lure.

*Please bring appropriate swim attire and a change of clothes. Bagged lunch and SUNSCREEN!*

### **Linville Falls/Linville Caverns**

August 1, 2024      9:00am- 2:00pm  
Ages 5-18  
Class limit 12      **Cost: \$10.00**



Join us we explore under a mountain right here in McDowell County. We will learn about how the caverns were formed and discovered. Afterwards we will drive up the mountain and have a picnic lunch at Linville Falls and then hike to the falls.

*What to bring: Comfortable shoes, water bottle and a bagged lunch.*

### **Knoxville Zoo**

August 6, 2024      7:30am – 6:30pm  
Ages 10-18  
Class Limit 12      **Cost: \$15.00**



We will join 4-Hers from around Western North Carolina to experience the Knoxville Zoo in Tennessee. Participants will get to see lions, tigers, elephants, giraffes, reptiles and so much more. The zoo will also do an educational fun program for us as well. Please note that this is an ALL DAY event. More information about the zoo can be found at [www.zooknoxville.org](http://www.zooknoxville.org)

*What to bring: Comfortable walking shoes and lunch. We will have plenty of snacks but will not stop for dinner on the way home.*

### **Catawba River Float Trip/Hiking**

August 15, 2024      9:00am – 3:00pm  
Ages: 9-18  
Class Limit 12      **Cost \$15.00**



Join us as we go hiking and enjoy a nice picnic lunch. After we have worked up a sweat we will tube down the Catawba River.

*What to bring: Towel, water shoes, comfortable walking shoes, a life jacket if needed and a bagged lunch!*



**All workshops will begin and end in the parking lot behind the former EMS station located on South Garden Street. Unless otherwise stated.**  
**(Look for the Big Red Van)**

## 4-H Summer Discovery Registration Form

Child's Name \_\_\_\_\_ Age \_\_\_\_\_

Date of Birth \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parent's/Guardian's Name \_\_\_\_\_

Daytime Phone (required) \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

T-Shirt Size \_\_\_\_\_ (if applicable)



**I WANT TO ENROLL IN THE FOLLOWING SUMMER PROGRAMS:**

<i>Activity</i>	<i>Date</i>	<i>Cost</i>	<i>Total</i>
<i>Gem Mining/Tom's Creek Falls Hike</i>	<i>June 11</i>	<i>\$15.00</i>	
<i>Fish On!</i>	<i>June 13</i>	<i>\$5.00</i>	
<i>South Toe Hike</i>	<i>June 18</i>	<i>\$5.00</i>	
<i>Disc Golf</i>	<i>June 20</i>	<i>\$15.00</i>	
<i>4-H Bread and Butter</i>	<i>June 25</i>	<i>\$5.00</i>	
<i>Catawba Falls/Andrews Geyser</i>	<i>June 27</i>	<i>\$5.00</i>	
<i>Schiele Museum of Natural History</i>	<i>July 16</i>	<i>\$15.00</i>	
<i>Biltmore Farms/WNC Nature Center</i>	<i>July 17</i>	<i>\$15.00</i>	
<i>Grandfather Mountain</i>	<i>July 18</i>	<i>\$15.00</i>	
<i>NC Wildlife Hunter Education</i>	<i>July 23-24</i>	<i>\$5.00</i>	
<i>4-H Archery and Rifle Range Day</i>	<i>July 25</i>	<i>\$5.00</i>	
<i>Lake Lure Beach and Flowering Bridge</i>	<i>July 30</i>	<i>\$15.00</i>	
<i>Linville Falls/Linville Caverns</i>	<i>August 1</i>	<i>\$10.00</i>	
<i>Knoxville Zoo</i>	<i>August 6</i>	<i>\$15.00</i>	
<i>Catawba River Float Trip/Hiking</i>	<i>August 15</i>	<i>\$15.00</i>	
<i>Insurance Cost (One Time Fee)</i>		<i>\$1.00</i>	<i>\$1.00</i>
<i>T-Shirt</i>	<b>FREE</b> w/ 4 or more activities	<i>\$10.00</i>	
<i>Total</i>			

**NC Cooperative Extension is an equal opportunity provider.**