



McDowell County

4-H



Summer Discovery 2023

4-H Summer Discovery is a collection of educational workshops, field trips, and hands-on activities planned especially for McDowell County youth. This special program is designed to give youth positive learning opportunities and focus on developing life skills. Summer Discovery is made possible by dedicated 4-H volunteers and McDowell County Cooperative Extension staff.

Chad Ray, Agent
4-H youth and Development

Registration BEGINS: Wednesday, May 17, 2023 at 1:00 pm
NO EARLY REGISTRATION WILL BE ACCEPTED!

4-H is a non-profit organization and is open to **ALL** youth ages 5-18 in McDowell County. All fees are for educational supplies, admission fees, limited insurance, refreshments, and transportation. Limited insurance will be provided for all participants for \$1.00 (this insurance is required). Registration form and 4-H Online enrollment must be completed in its entirety by parent or legal guardian prior to registering the participant. Registration will not be accepted if forms and 4-H Online are incomplete.

If your child has any special needs, contact the 4-H Agent prior to registration. Every effort will be made to accommodate special needs if adequate notification is given.

Prepayment is required to reserve a space.

No registration will be accepted by telephone.

Make your checks payable to **McDowell County 4-H** and use only one form per child.

Activities are filled on a first-come, first serve basis.

water will be provided at all workshops

Attention Parents:
Spaces are limited to youth only.

Questions ????

For more information about 4-H Summer Discovery or the 4-H program in McDowell County, call Chad Ray @ (828) 652-8104, Monday – Friday, 8:30 am to 5:00 pm.

Registration Deadline is June 9th. Remember to register early, space is limited.

No Debit or Credit Cards Accepted

Make check or money order payable to: McDowell County 4-H and mail or bring to:

**McDowell County 4-H
NC Cooperative Extension
60 East Court Street
Marion. NC 28752**

To enroll in 4-H Summer Discovery, you must be enrolled in 4-H Online. If you have never enrolled, please go to <https://nc.4honline.com> and set up a profile. If you have questions or need assistance in completing the enrollment, please contact Chad Ray or Heather Peek at 828-652-8104.



Fish On!

June 12, 2023

8:30 am - 2:00 pm

Ages: 8-18

Class Limit 12

Cost: \$5.00

Who wants to go fishing? Participants will get to try their hand at fishing. This is an entertaining fun filled day. Participants will go with Molly Sandfoss, aka Fish Momma, to see who will catch the biggest or the most. This is a great trip for both experienced anglers and first timers. **If you are 18 or older you must have a valid North Carolina fishing license to fish!!!**



*What to bring: Bag lunch, rods, reel, tackle (hooks, sinkers, and bobbers), stringer, and cooler so you can take your catch home. ***Closed face reels are much easier for youth to use. 4-H will provide bait. Van will leave from the Cooperative Extension Office.*



Campfire Cooking

June 13, 2023

10:00am- 2:00pm

Ages: 8-15

Class Limit 12

Cost: \$10.00

Home Place Vittles is hosting a hands-on Campfire Cooking class for us. Participants will learn to cook using an open fire. Lots of tasty treats will be had and participants will get to eat what they prepare.

What to bring: Comfortable shoes and water bottle

Catawba Science Center

June 14, 2023

10:00am- 4:00pm

Ages: 8-18

Class Limit 12

Cost: \$15.00

We will travel to the Catawba Science Center in Hickory, North Carolina. Participants will learn hands on about science and nature. We will have a picnic lunch and end the day with a planetarium show.



What to bring: Comfortable walking shoes and a bagged lunch.



Gem Mining / Tom's Creek Falls Hike
June 20, 2023 9:00am – 2:00pm
Ages: 5-18
Class Limit 12 **Cost \$15.00**

We will trek up the mountain to Gem Mountain in Spruce Pine. Participants will have the chance to gem mine and find all kinds of precious stones that are native to Western North Carolina.

After a picnic lunch we will spend the afternoon hiking to the beautiful Tom's Creek Falls right here in McDowell County. This is a great hike that isn't too strenuous.

What to bring: Please wear comfortable walking/hiking shoes, a water bottle and bagged lunch. Van will leave from the Cooperative Extension Office.

South Toe Hike

June 26, 2023 8:30am – 3:00pm
Ages: 5-18
Class Limit 12 **Cost \$5.00**

Join us as we go hiking to the beautiful South Toe River. We will go to Black Mountain Campground and hike the area. After a nice hike we will have the chance to cool off in the river.

What to bring: Please wear comfortable walking/hiking shoes, towel, change of clothes, a water bottle and bagged lunch. Van will leave from the Cooperative Extension Office.



4-H Camp

July 9-15
Ages: 8-14
Class Limit 10 **Cost \$100.00**

We are going to Betsy Jeff-Penn 4-H Center in Reidsville, North Carolina **18 U.S.C. 707** for a week long residential camp. Campers will spend the week staying in cabins, learning about nature, canoeing, swimming, horse back riding and so much more traditional camp activities. More information can be found at www.bjpenn4h.org Cost includes meals, transportation, lodging, camp store money and a t-shirt.



4-H Archery/Rifle Day

July 18, 2023

9:00am-12:00pm

Ages 8-18

Cost: \$10.00

Class limit 12

Join us for a fun day on the range. We will travel to Carolina West Shooting Club to try our hand at archery and rifle.

What to bring: Water bottle and closed toe shoes.

Biltmore Farms

July 20, 2023

9:30am - 3:00pm

Ages 5-18

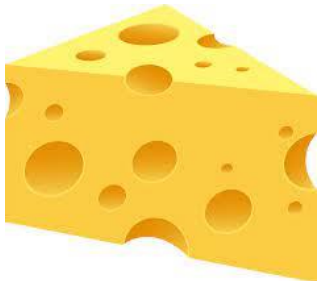
Cost: \$10.00

Class Limit 12

Join us as we travel to the beautiful Biltmore Estate. We will see the animals on the farm and learn about the rich history of this lavish estate. We will learn about how they use the farms to provide food for their restaurants.



What to bring: Comfortable shoes, water bottle and a bagged lunch.



English Farmstead Cheese/Linville Falls

July 25, 2023

9:00am – 2:00pm

Ages: 5-18

Class Limit 12

Cost \$10.00

Join us as we travel to the lone dairy farm in McDowell County. We will get to see cheese being made and get to sample some of the yummy results.

We will then travel up the mountain to Linville Falls for a nice picnic and short hike.

What to bring: Comfortable shoes, water bottle, bagged lunch.



Brackett Town Farms

July 27, 2023 9:30am – 2:00pm
Ages 5-18 **Cost: \$5.00**
Class Limit 12

Join us as we go to Brackett Town Farms here in McDowell County. Brackett Town Farms has all kinds of unique animals that participants will be able to pet and learn about. After a nice picnic lunch we will also go creek stomping and try and catch some crawdads! Liability release form required.

What to bring: Bagged lunch and shoes you don't mind getting wet!

Disc Golf

August 1, 2023 9:00am – 2:00pm
Ages: 9-18
Class limit 12 **Cost \$15.00**

Join us as we go to play disc golf! We will try our hand at learning this very popular sport. Participants will try to land their frisbee in the goal over 18 holes. It is sure to be fun and exciting.

What to bring: Comfortable shoes, water bottle, bagged lunch.



WNC Nature Center

August 8, 2023 9:00am – 3:00pm
Ages 5-18 **Cost: \$15.00**
Class Limit 12

We will travel up to the WNC Nature Center to see all kinds of animals up close. After a picnic lunch we will go creek stomping.

What to Bring: Comfortable walking shoes and a change of shoes you don't mind getting wet. Bagged lunch

Mineral Museum and Orchard at Altapass

August 9, 2023 10:00am – 3:00pm

Ages 5-18 **Cost: \$15.00**

Class Limit 12

Join us as we visit the Museum of North Carolina Minerals in Spruce Pine. This is a great chance to see some of the cool minerals that come from the ground that we live on.

We will then visit the Orchard at Altapass where we will have a “hayride” around the property and also get to do some unique activities.

What to bring: Comfortable walking shoes and a bagged lunch.



McDowell Scavenger Hunt

August 15, 2023 9:00am – 3:00pm

Ages 5-18 **Cost: \$5.00**

Class Limit 12

Join us as we work to solve riddles and clues to discover McDowell County. We first tried this last summer and had such a good time we want to do it again with new places to visit. We will work as a group to unlock riddles to find our way through McDowell County. There will be a tasty prize at the end

What to bring: Comfortable walking shoes, water bottle and bagged lunch.

Catawba River Float Trip/Hiking

August 16, 2023 9:00am – 3:00pm

Ages: 9-18

Class Limit 12 **Cost \$15.00**

Join us as we go hiking and enjoy a nice picnic lunch. After we have worked up a sweat we will tube down the Catawba River.

What to bring: Towel, water shoes, comfortable walking shoes, a life jacket if needed and a bagged lunch!





All workshops will begin and end in the parking lot behind the former EMS station located on South Garden Street. Unless otherwise stated.
(Look for the Big Red Van)

4-H Summer Discovery Registration Form

Child's Name _____ Age _____

Date of Birth _____ Male _____ Female _____

Mailing Address _____ City _____ Zip _____

Parent's/Guardian's Name _____

Daytime Phone (required) _____ Home Phone _____ Cell Phone _____

T-Shirt Size _____ (if applicable)

I WANT TO ENROLL IN THE FOLLOWING SUMMER PROGRAMS:

<i>Activity</i>	<i>Date</i>	<i>Cost</i>	<i>Total</i>
<i>Fish On!</i>	<i>June 12</i>	<i>\$5.00</i>	
<i>Campfire Cooking</i>	<i>June 13</i>	<i>\$10.00</i>	
<i>Catawba Science Center</i>	<i>June 14</i>	<i>\$15.00</i>	
<i>Gem Mining/Tom's Creek Falls Hike</i>	<i>June 20</i>	<i>\$15.00</i>	
<i>South Toe Hike</i>	<i>June 26</i>	<i>\$5.00</i>	
<i>4-H Camp</i>	<i>July 9-15</i>	<i>\$100.00</i>	
<i>4-H Archery/Rifle Day</i>	<i>July 18</i>	<i>\$10.00</i>	
<i>Biltmore Farms</i>	<i>July 20</i>	<i>\$10.00</i>	
<i>English Farmstead Cheese/Linville Falls</i>	<i>July 25</i>	<i>\$10.00</i>	
<i>Brackett Town Farms</i>	<i>July 27</i>	<i>\$5.00</i>	
<i>Disc Golf</i>	<i>August 1</i>	<i>\$15.00</i>	
<i>WNC Nature Center</i>	<i>August 8</i>	<i>\$15.00</i>	
<i>Mineral Museum & Orchard at Altapass</i>	<i>August 9</i>	<i>\$15.00</i>	
<i>McDowell Scavenger Hunt</i>	<i>August 15</i>	<i>\$5.00</i>	
<i>Catawba River Float Trip/Hiking</i>	<i>August 16</i>	<i>\$15.00</i>	
<i>Insurance Cost (One Time Fee)</i>		<i>\$1.00</i>	<i>\$1.00</i>
<i>T-Shirt</i>	FREE w/ 4 or more activities	<i>\$10.00</i>	
<i>Total</i>			

NC Cooperative Extension is an equal opportunity provider.