



# McDowell County

## 4-H



# Summer Discovery 2022

4-H Summer Discovery is a collection of educational workshops, field trips, and hands-on activities planned especially for McDowell County youth. This special program is designed to give youth positive learning opportunities and focus on developing life skills. Summer Discovery is made possible by dedicated 4-H volunteers and McDowell County Cooperative Extension staff.

Chad Ray, Agent  
4-H Youth and Development

**Registration BEGINS: Tuesday, May 24, 2022 from 1:00-5:00 pm at the  
Extension Office, 60 East Court St., Marion  
NO EARLY REGISTRATION WILL BE ACCEPTED!**

4-H is a non-profit organization and is open to **ALL** youth ages 5-18 in McDowell County. All fees are for educational supplies, admission fees, limited insurance, refreshments, and transportation. Limited insurance will be provided for all participants for \$1.00 (this insurance is required). Registration form and 4-H Online enrollment must be completed in its entirety prior to registering the participant. Registration will not be accepted if forms and 4-H Online are incomplete.

If your child has any special needs, contact the 4-H Agent prior to registration. Every effort will be made to accommodate special needs if adequate notification is given.

Prepayment is required to reserve a space.

**No registration will be accepted by telephone. Contact our office if you will need to arrive after 5:00.**

Make your checks payable to **McDowell County 4-H** and use only one form per child.

Activities are filled on a first-come, first serve basis.

\*\*\*water will be provided at all workshops\*\*\*

**Attention Parents:**  
Spaces are limited to youth only.

# Questions ????

For more information about 4-H Summer Discovery or the 4-H program in McDowell County, call Chad Ray @ (828) 652-8104, Monday – Friday, 8:30 am to 5:00 pm.

**Registration Deadline is June 10<sup>th</sup>.** Remember to register early, space is limited.

**Please contact our office if you will need to arrive after 5:00 to complete registration!**

**No Debit or Credit Cards Accepted**

Make check or money order payable to: McDowell County 4-H and mail or bring to:  
McDowell County 4-H  
NC Cooperative Extension  
60 East Court Street  
Marion. NC 28752

**To enroll in 4-H Summer Discovery, you must be enrolled in 4-H Online. If you have never enrolled, please go to [v2.4honline.com](http://v2.4honline.com) and set up a profile. If you have questions or need assistance in completing the enrollment, please contact Chad Ray or Heather Peek at 828-652-8104.**





### **Tom's Creek Falls Hike**

June 14, 2022 8:30 am- 1:00 pm

Ages: 5-18

Class Limit 12 **Cost \$5.00**

Join us as we go hiking to the beautiful Tom's Creek Falls right here in McDowell County. This is a great hike that isn't too strenuous.

*What to bring: Please wear comfortable walking/hiking shoes, a water bottle and bagged lunch. Van will leave from the Cooperative Extension Office.*

### **Fish On!**

June 21, 2022 8:30 am - 2:00 pm

Ages: 8-18

Class Limit 12 **Cost: \$5.00**

Who wants to go fishing? Participants will get to try their hand at fishing.. This is an entertaining, fun filled day. Participants will go with Molly Sandfoss, aka Fish Momma, to see who will catch the biggest or the most. This is a great trip for both experienced anglers and first timers. **If you are 18 or older you must have a valid North Carolina fishing license to fish!!!**



*What to bring: Bag lunch, rods, reel, tackle (hooks, sinkers, and bobbers), stringer, and cooler so you can take your catch home. \*\*\*Closed face reels are much easier for youth to use. 4-H will provide bait. Van will leave from the Cooperative Extension Office.*

### **South Toe Hike**

June 23, 2022 8:30am – 3:00pm

Ages: 5-18

Class Limit 12 **Cost \$5.00**

Join us as we go hiking to the beautiful South Toe River. We will go to Black Mountain Campground and hike the area. After a nice hike we will have the chance to cool off in the river.

*What to bring: Please wear comfortable walking/hiking shoes, towel, change of clothes, a water bottle and a bagged lunch. Van will leave from the Cooperative Extension Office.*



### **Mt Mitchell**

July 12, 2022 8:30am – 3:00pm

Ages: 9-18

Class Limit 12 **Cost \$10.00**

Did you know the highest peak east of the Mississippi River is in our backyard in Yancey County? We will travel up the mountain to hike around and learn about this beautiful old mountain.



*What to bring: Comfortable shoes, water bottle, bagged lunch.*



### **Disc Golf**

July 13, 2022 9:00am – 3:00pm

Ages: 9-18

Class limit 10 **Cost \$15.00**

Did you know we have a world class disc golf course right here in McDowell County. We will try our hand at learning this very popular sport. Participants will try to land their frisbee in the goal over 18 holes. It is sure to be fun and exciting. If we have time we will find a creek to go cool off in afterwards.

*What to bring: Comfortable shoes, water bottle, bagged lunch, towel and change of clothes*

### **North Carolina Hunter Education Class**

July 25, 2022 9:00am-3:00pm

Ages 8-18 **Cost: \$5.00**

Class limit 10

Participants will take the North Carolina Hunter Education class. Participants will take a certification test to become fully certified. Participants will also go to the Carolina West Shooting Range on July 26<sup>th</sup> to put their knowledge on display and try archery and rifle.



*What to bring: Bagged Lunch. This class will meet at the Cooperative Extension Office.*

### **4-H Range Day**

July 26, 2022 9:00am-12:00pm

Ages 8-18 **Cost: \$5.00**

Class limit 10



Join us for a fun day on the range. We will travel to Carolina West Shooting Club to try our hand at archery and rifle. Participants from the previous day's Hunter Ed class will be automatically signed up and any extra spots will be available to anyone else interested.

*What to bring: Water bottle and closed toe shoes.*

### **Linville Caverns/Linville Falls**

July 28, 2022 9:00 am- 3:00 pm

Ages 5-18 **Cost: \$15.00**

Class Limit 12

Join us as we explore under a mountain right here in McDowell County. We will learn about how the caverns were formed and discovered. Afterwards we will drive up the mountain and have a picnic lunch at Linville Falls and then hike to the falls.



*What to bring: Comfortable shoes, water bottle and a bagged lunch. Van will leave from the Cooperative Extension Office.*



### **Armstrong Fish Hatchery and Hike**

August 2, 2022 8:30am-1:00pm

Ages 5-18 **Cost: \$5.00**

Class Limit 12

Join us as we tour the Armstrong Trout Fish hatchery on Armstrong Creek. After we see the fish we will hike up Armstrong Creek.

*What to bring: Please wear comfortable walking/hiking shoes, a water bottle and bagged lunch. Van will leave from the Cooperative Extension Office.*

### **McDowell Scavenger Hunt**

August 10, 2022 9:00am – 3:00pm

Ages 5-18 **Cost: \$5.00**

Class Limit 12



Join us as we work to solve riddles and clues to discover McDowell County. We will work as a group to unlock riddles to find our way through McDowell County. There will be a tasty prize at the end

*What to bring: Comfortable walking shoes, water bottle and bagged lunch.*



### **Catawba River Float Trip/Hiking**

August 17, 2022 9:00am-2:00pm

Ages: 9-18

Class Limit 8 **Cost \$15.00**

Join us as we go hiking and enjoy a nice picnic lunch. After we have worked up a sweat we will tube down the Catawba River.

*What to bring: Towel, water shoes, comfortable walking shoes, a life jacket if needed and a bagged lunch!*



**All workshops will begin and end in the parking lot behind the EMS station located on South Garden Street. Unless otherwise stated.**  
**(Look for the Big Red Van)**

## **4-H Summer Discovery Registration Form**

Child's Name \_\_\_\_\_ Age \_\_\_\_\_

Date of Birth \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parent's/Guardian's Name \_\_\_\_\_

Daytime Phone (required) \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

T-Shirt Size \_\_\_\_\_ (if applicable)

**I WANT TO ENROLL IN THE FOLLOWING SUMMER PROGRAMS:**

<i>Activity</i>	<i>Date</i>	<i>Cost</i>	<i>Total</i>
<i>Tom's Creek Falls Hike</i>	<i>June 14</i>	<i>\$5.00</i>	
<i>Fish On!</i>	<i>June 21</i>	<i>\$5.00</i>	
<i>South Toe Hike</i>	<i>June 23</i>	<i>\$5.00</i>	
<i>Mt. Mitchell</i>	<i>July 12</i>	<i>\$10.00</i>	
<i>Disc Golf</i>	<i>July 13</i>	<i>\$15.00</i>	
<i>NC Hunter Education Class</i>	<i>July 25</i>	<i>\$5.00</i>	
<i>4-H Range Day</i>	<i>July 26</i>	<i>\$5.00</i>	
<i>Linville Caverns/Linville Falls</i>	<i>July 28</i>	<i>\$15.00</i>	
<i>Armstrong Fish Hatchery and Hike</i>	<i>August 2</i>	<i>\$5.00</i>	
<i>McDowell Scavenger Hunt</i>	<i>August 10</i>	<i>\$5.00</i>	
<i>Catawba River Float Trip/Hike</i>	<i>August 17</i>	<i>\$15.00</i>	
<i>Insurance Cost (One Time Fee)</i>		<i>\$1.00</i>	<i>\$1.00</i>
<i>T-Shirt/Size</i>	<i>FREE w/3 or more activities</i>	<i>\$10.00</i>	
<i>Total</i>			

**NC Cooperative Extension is an equal opportunity provider.**