

# Program Impact Report

N.C. Cooperative Extension is a strategic partnership of NC State Extension, Cooperative Extension at NC A&T State University, USDA's National Institute of Food and Agriculture, and local governments. Extension professionals in all 100 counties and with the Eastern Band of Cherokee connect millions of North Carolinians with trusted tools and technology from NC State and NC A&T. Together we enrich the lives, land and economy of North Carolinians.

## Agriculture & Natural Resources

Molly Sandfoss continued to help steer the Foothills Food Hub project with several partners. She facilitated the Sue Glover Teaching Kitchen Fundraiser Kickoff on September 30. The Old Fort ECA donated \$1,000 to the teaching kitchen. The McDowell County Center is on the forefront of raising awareness of our local food system to the public with a summer local food social media campaign and hosting a public awareness event, McDowell County Farm to Table, in August. The Farm to Table event spent \$700 on local food and raised over \$3,000 to be used to buy local food for food pantries. Sixty-seven citizens participated in the Extension Gardening series to be more knowledgeable gardeners.

Adam Lawing had an active youth program with Livestock Judging, Junior Livestock Show, & Agriculture Awareness Field Day. The Livestock Judging team had 10 youth participate in 5 contests across the state. In August, close to 100 livestock were showed at the 2-day McDowell County Junior Livestock Show. In October, NCCE hosted 4<sup>th</sup> graders at the McDowell Ag Center to learn about the importance of agriculture at 9 different stations.

Matt Burneisen had several successful litter reduction programs. Cleanup events removed over 5,000 pounds of debris and 64 tires. Matt continues to support outdoor classroom learning opportunities in 4 schools and the Tabernacle Community Garden.



## 2019 Program Efforts

Over **29,000** contacts made with residents

Offered **851** hours of formal training

**951** volunteers contributed **3,097** hours, valued at **\$78,758**

Generated **\$19,575** for program use

Over **9,000** website page views

**383** Facebook posts with **792** friends

## 2019 Outcomes & Impacts



**117 citizens** gained gardening skills



**525 students** increased STEM knowledge



**5,000 pounds** litter removed



**50% adults** increased vegetable intake



**135 producers** adopted best management practices for pastures

## 4-H Youth Development

Chad Ray focused on school enrichment with 4-H Safety Field Day for 6<sup>th</sup> graders and Embryology for 2<sup>nd</sup> graders. Chad supported 4-H Shooting Sports by coaching 4-H Young Guns, supporting district & state tournaments, and providing state volunteer training. Chad continued to support 3 special interest clubs & 3 community clubs that enhance life skills and focused learning.



## Family & Consumer Sciences

Janet Bryan partnered with MCS to deliver the Expanded Food & Nutrition Education Program. Janet had a full schedule programming for elementary and middle school. She also provided programming for Early Head Start teachers. Janet graduated 834 youth & 17 adults. With EFNEP, families are eating healthier, preparing food safely, and moving more.



NC State Extension are leaders in food safety & food preservation. Cathy Hohenstein provided food preparation demonstrations at the Tailgate Market using fresh, local food. She is our liaison with the Old Fort Extension and Community Association. Cathy helped facilitate the Sue Glover Teaching Kitchen Fundraiser Kickoff Event.



## Goals 2020

Improve the health and nutrition of individuals, families, and our community.

Conserve our precious natural resources.

Improve production, profitability, & sustainability of agriculture sector.

Grow the skills young people need to succeed in life.

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