



# McDowell County

# 4-H



# Summer Discovery 2019

4-H Summer Discovery is a collection of educational workshops, field trips, and hands-on activities planned especially for McDowell County youth. This special program is designed to give youth positive learning opportunities and focus on developing life skills. Summer Discovery is made possible by dedicated 4-H volunteers and McDowell County Cooperative Extension staff.

Chad Ray, Agent  
4-H youth and Development

**Registration BEGINS: Tuesday, May 14, 2019 at 1:30 pm**  
**NO EARLY REGISTRATION WILL BE ACCEPTED!**

4-H is a non-profit organization and is open to **ALL** youth ages 5-18 in McDowell County. All fees are for educational supplies, admission fees, limited insurance, refreshments, and transportation. Limited insurance will be provided for all participants for \$1.00 (this insurance is required). Registration form and 4-H Online enrollment must be completed in its entirety by parent or legal guardian prior to registering the participant. Registration will not be accepted if forms and 4-H Online are incomplete.

If your child has any special needs, contact the 4-H Agent prior to registration. Every effort will be made to accommodate special needs if adequate notification is given.

Prepayment is required to reserve a space.

**No registration will be accepted by telephone.**

Make your checks payable to **McDowell County 4-H** and use only one form per child.

Activities are filled on a first-come, first serve basis.

\*\*\*water will be provided at all workshops\*\*\*

**Attention Parents:**  
Spaces are limited to youth only.

# Questions ????

For more information about 4-H Summer Discovery or the 4-H program in McDowell County, call Chad Ray @ (828) 652-8104, Monday – Friday, 8:30 am to 5:00 pm.

**Registration Deadline is June 6<sup>th</sup>.** Remember to register early, space is limited.

**No Debit or Credit Cards Accepted**

**Make check or money order payable to: McDowell County 4-H and mail or bring to:**

**McDowell County 4-H  
NC Cooperative Extension  
60 East Court Street  
Marion. NC 28752**

**To enroll in 4-H Summer Discovery, you must be enrolled in 4-H Online. If you have never enrolled, please go to <https://nc.4honline.com> and set up a profile. If you have questions or need assistance in completing the enrollment, please contact Chad Ray or Heather Peek at 828-652-8104.**



## Catawba Falls Hike with Matt

June 19, 2019  
Ages 5-18  
Class limit 12

8:30am – 1:00pm  
Cost: \$5.00



Join us for a morning hike to Catawba Falls. Participants will learn about front country hiking and Leave No Trace principles. Journey with us into the Pisgah National Forest to experience McDowell County's natural resources for yourself.

*What to bring: Bag lunch and closed toed shoes*

## Fish On!

June 21, 2019  
Ages: 8-18  
Class Limit 12

8:30 am - 2:30 pm

Cost: \$5.00



Who wants to go fishing? Participants will get to try their hand at fishing. This is an entertaining fun filled day. Participants will go with Molly Sandfoss, aka Fish Momma, to see who will catch the biggest or the most. This is a great trip for both experienced anglers and first timers. **If you are 16 or older you must have a valid North Carolina fishing license to fish!!!**

*What to bring: Bag lunch, rods, reel, tackle (hooks, sinkers, and bobbers), stringer, and cooler so you can take your catch home. \*\*\*Closed face reels are much easier for youth to use. 4-H will provide bait.*

## NASCAR Hall of Fame

June 24, 2019  
Ages 9-18  
Class limit 12

8:00am- 5:00pm  
Cost: \$20.00

We will travel to Charlotte to the NASCAR Hall of Fame. We will be taking the “Engineering and Racing” workshop. Also participants will be able to change tires, race in the NASCAR Simulator and lots of other hands on activities.



*What to bring: Bagged lunch and money for any souvenirs.*



**Service and a Hike**

June 25, 2019  
Ages: 5-18  
Class limit: 12

8:30 am – 2:30 pm  
**Cost: \$5.00**

Join us for a beautiful hike to the Tom's Creek Falls and a day of giving back to the community. Participants will learn about front country hiking and Leave No Trace principles. Journey with us into the Pisgah National Forest to experience McDowell County's natural resources for yourself.

*What to bring: Bag lunch and closed toed shoes*

**Catawba Science Center and Planetarium**

June 27, 2019  
Ages 8- 18  
Class limit 12

10:00am – 3:00pm  
**Cost: \$10.00**

Come join us as we travel to Hickory to visit the Catawba Science Center. We will start with a planetarium show and then have a nice picnic lunch. We will then visit their science exhibits, aquarium and even get to partake in hands on demonstrations!

*What to bring: Bagged Lunch*



**4-H Cooking Camp**

July 9-10, 2019  
Ages 9-14  
Class Limit 12

1:00pm – 5:00pm  
**Cost: \$15.00**

Join Ms. Janet and learn basic kitchen cutlery skills, participate in a friendly competition of Chopped and eat what you prepare.

*\*\*\*This is a two day camp. Youth need to be able to attend both days!\*\*\**





**Brackett Town Farms**

July 11, 2019  
Ages 5-18  
Class limit 12

8:30 am – 1:00pm  
Cost: \$5.00

Brackett Town Farms is a local family owned farm that is a non-profit petting farm. You won't find traditional animals here! Come check out the Emus, Alpacas and many other interesting creatures!

<https://www.brackettownfarms.com/>

*What to bring: Comfortable shoes and bagged lunch*

**McDowell 4-H Shooting Sports (Archery)**

July 12, 2019  
Ages: 9-18  
Class limit: 10

9:00 am – 12:00 pm  
Cost: \$5.00

This workshop is designed to teach youth to properly shoot a bow and arrow, we will teach safety and technique. All equipment will be provided. This is a beginner's class. The workshop will be taught at Carolina West Shooting Club in Nebo.

*What to bring: Participants are required to wear closed toe shoes.*



**Oconaluftee/Western Carolina University**

July 16, 2019  
Ages 8 -18  
Class limit 12

8:30am – 5:00pm  
Cost: \$20.00

We will start the day at Western Carolina University at the Mountain Heritage Center. We will learn about the lives of the people that settled our area and even learn about an archeological dig from Burke County. We will then travel to Cherokee to visit the Oconaluftee Indian village and learn about the Cherokee and their way of life during the same time period.

*What to bring: Comfortable walking shoes and bagged lunch!*



**River Tubing/Ashe County Cheese Factory**

July 17, 2019

Ages 9-18

Class limit 10

8:00am – 5:00pm

**Cost: \$15.00**



We will head up to Ashe County where we will start the day tubing the New River. After a picnic lunch we will head into West Jefferson and visit one of North Carolina’s most famous cheese makers - Ashe County Cheese.

*What to bring: Bathing suit, water shoes, towel and change of clothes. Also bagged lunch and money for any cheese or fudge you would like to purchase.*

**Linville Caverns/Linville Falls**

July 18, 2019

Ages 5-18

Class limit 12

9:00am-2:00pm

**Cost: \$8.00**



Join us we explore under a mountain right here in McDowell County. We will learn about how the caverns were formed and discovered. Afterwards we will drive up the mountain and have a picnic lunch at Linville Falls and then hike to the falls.

*What to bring: Comfortable shoes and a bag lunch*

**Grandfather Mountain**

July 25, 2019

Ages 8-18

Class limit 12

9:00am – 3:00pm

**Cost: \$10.00**

Join us as we tour one of our area's most famous attractions. We will visit the famed “Mile High Swinging bridge” tour animal habitats and learn about the weather and the mountains. We will have a nice hike and picnic lunch.

*What to bring: Comfortable closed toe shoes and pack a lunch!*





**Hike Across the Balds (Roan Mountain)**

July 26, 2019

Ages 10-18

Class limit 10

8:30am-3:00pm

**Cost: \$5.00**

Hike the beautiful balds of Roan Mountain. Roan Mountain has 3 grass summits with panoramic mountain views. This trail is part of the Appalachian Trail and some say the most spectacular. The last bald, Grassy Ridge Bald, is a 5-mile hike round trip. We will picnic on the mountain. Get out of the heat and go to the cool mountain tops. The views won't disappoint.

*What to bring: Comfortable closed toed shoes, lunch, water, towel to sit on*

**Old Salem**

July 30, 2019

Ages 8-18

Class limit 12

8:30am-5:00pm

**Cost: \$15.00**

We are going to travel to Old Salem. Where we will have a Self-Guided walking tour of Salem including its historic buildings, museums and gardens.

Participants will get to interact with costumed actors and learn about life in the Moravian Village. More information can be found at [www.oldsalem.org](http://www.oldsalem.org)



*What to bring: Comfortable closed toe shoes and a bag lunch*

**Pottery**

August 1, 2019

Ages 5-18

Class limit 10

12:30pm- 5:00pm

**Cost: \$25.00**



Don't miss out on this. This class is almost always the first to fill up! Participants will spend the day creating pottery by using a potter's wheel and also by using their hands. The workshop will be held at Pinkul Pottery. (Pottery is available at the Extension Office a few weeks after the class, due to finish time.)



### **Atlanta Teen Camp**

August 5-7, 2019

Ages 13-18

**Cost: \$175.00**

Attention Teenagers!!! Join us this summer as we visit Atlanta, Ga. We will tour the World of Coke, CNN Studios, The Georgia Aquarium and so much more!

*What to bring: Money for lunch each day, bathing suit, comfortable walking shoes.*

### **Carowinds**

August 13, 2019

Ages 10-18

Class Limit 12

8:30am – 8:00pm

**Cost: \$50.00**



This is our end of summer celebration trip. We are going to spend all day at Carowinds theme park in Charlotte, North Carolina. For more information about Carowinds please go to their website at [www.carowinds.com](http://www.carowinds.com) This will be an all day trip and participants will need money for food and souvenirs. 4-H will pay for dinner on the way home.

*What to bring: Comfortable shoes, a bag lunch or lunch money and sunscreen*



**All workshops will begin and end in the parking lot behind the EMS station located on South Garden Street. Unless otherwise stated.**

**(Look for the Big Red Van)**



## 4-H Summer Discovery Registration Form

Child's Name \_\_\_\_\_ Age \_\_\_\_\_

Date of Birth \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parent's/Guardian's Name \_\_\_\_\_

Daytime Phone (required) \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

T-Shirt Size \_\_\_\_\_ (if applicable)

**I WANT TO ENROLL IN THE FOLLOWING SUMMER PROGRAMS:**

<i>Activity</i>	<i>Date</i>	<i>Cost</i>	<i>Total</i>
<i>Catawba Falls Hike with Matt</i>	<i>June 19</i>	<i>\$5.00</i>	
<i>Fish On!</i>	<i>June 21</i>	<i>\$5.00</i>	
<i>NASCAR Hall of Fame</i>	<i>June 24</i>	<i>\$20.00</i>	
<i>Service and a Hike</i>	<i>June 25</i>	<i>\$5.00</i>	
<i>Catawba Science Center and Planetarium</i>	<i>June 27</i>	<i>\$10.00</i>	
<i>4-H Cooking Camp</i>	<i>July 9-10</i>	<i>\$15.00</i>	
<i>Brackett Town Farms</i>	<i>July 11</i>	<i>\$5.00</i>	
<i>McDowell 4-H Shooting Sports (Archery)</i>	<i>July 12</i>	<i>\$5.00</i>	
<i>Oconaluftee/Western Carolina University</i>	<i>July 16</i>	<i>\$20.00</i>	
<i>River Tubing/Ashe County Cheese Factory</i>	<i>July 17</i>	<i>\$15.00</i>	
<i>Linville Caverns/Linville Falls</i>	<i>July 18</i>	<i>\$8.00</i>	

<i>Activity</i>	<i>Date</i>	<i>Cost</i>	<i>Total</i>
<i>Grandfather Mountain</i>	<i>July 25</i>	<i>\$10.00</i>	
<i>Hike Across the Balds (Roan Mountain)</i>	<i>July 26</i>	<i>\$5.00</i>	
<i>Old Salem</i>	<i>July 30</i>	<i>\$15.00</i>	
<i>Pottery</i>	<i>August 1</i>	<i>\$25.00</i>	
<i>Atlanta Teen Camp</i>	<i>August 5-7</i>	<i>\$175.00</i>	
<i>Carowinds</i>	<i>August 13</i>	<i>\$50.00</i>	
<i>Insurance Cost (One Time Fee)</i>		<i>\$1.00</i>	<i>\$1.00</i>
<i>T-Shirt</i>	<b>FREE</b> w/ 4 or more activities	<i>\$10.00</i>	
<i>Total</i>			

**NC Cooperative Extension is an equal opportunity provider.**