



# McDowell County

# 4-H



# Summer Discovery 2017

4-H Summer Discovery is a collection of educational workshops, field trips, and hands-on activities planned especially for McDowell County youth. This special program is designed to give youth positive learning opportunities and focus on developing life skills. Summer Discovery is made possible by dedicated 4-H volunteers and McDowell County Cooperative Extension Service staff.

Chad Ray  
Extension Agent  
4-H Youth and Development

**Registration BEGINS: Tuesday, May 16, 2017 at 10:00 am**  
**NO EARLY REGISTRATION WILL BE ACCEPTED!**

4-H is a non-profit organization and is open to *ALL* youth ages 5-18 in McDowell County. All fees are for educational supplies, admission fees, limited insurance, refreshments, and transportation. Limited insurance will be provided for all participants for \$1.00 (this insurance is required). Registration form and 4-H enrollment forms must be completed in its entirety and signed by parent or legal guardian prior to registering the participant. Registration will not be accepted if forms are incomplete.

If your child has any special needs, contact the 4-H Agent prior to registration. Every effort will be made to accommodate special needs if adequate notification is given.

Prepayment is required to reserve a space.

**No registration will be accepted by telephone.**

Make your checks payable to *McDowell County 4-H* and use only one form per child.

Activities are filled on a first-come, first-served basis.

**\*\*\*\* water will be provided at all workshops\*\*\*\***

## **Attention Parents:**

Spaces are available to youth only. Parents are invited to attend 4-H Night at the Ballpark

# Questions ????

For more information about 4-H Summer Discovery or the 4-H program in McDowell County, call Chad Ray @ (828) 652-8104, Monday – Friday, 8:30 am to 5:00 pm.

**Registration Deadline is June 1<sup>st</sup>.** Remember to register early, space is limited.

**No Debit or Credit Card Accepted.**

Make check or money order payable to: *McDowell County 4-H* and mail or bring to:

McDowell County 4-H, Summer Discovery Program,  
North Carolina Cooperative Extension  
McDowell County Administration Building  
2<sup>nd</sup> Floor, Room 226  
60 East Court Street  
Marion, NC 28752

**ALL FORMS MUST Be Completed to Register for Programs.**

\*Note: Jane McDaniel will be glad to notarize the medical release form.



## Come Share the FUN!

*For accommodations  
for persons with  
disabilities,  
Contact the  
McDowell County  
Center  
at 828-652-8104,  
no later than 10  
business days before  
the event.*



# Activities

**All workshops will begin and end in the parking lot behind the EMS station.  
Unless otherwise stated. (Look for the Big RED Van)**

## Ziplining

June 20, 2017  
Ages: 8-18  
Class Limit 12

10:00 am – 3:00 pm  
Cost: \$45.00



Come join us for the thrill of the summer as we journey to Treetops Adventure Park in Asheville, NC. Spend the afternoon going through several challenge courses. There are challenges for every skill level so come give it a try! Tennis shoes are required!!!

*What to bring: Bag lunch and TENNIS SHOES*

## Fish On!

June 23, 2017  
Ages: 8-18  
Class Limit 12

8:30 am - 2:30 pm  
Cost: \$5.00



Who wants to go fishing? Participants will get to try their hand at fishing. This is an entertaining fun filled day. Participants will go with Molly Sandfoss, aka Fish Momma, to see who will catch the biggest or the most. This is a great trip for both experienced anglers and first timers.

*What to bring: Bag lunch, rods, reel, tackle (hooks, sinkers, and bobbers), stringer, and cooler so you can take your catch home. \*\*\*Closed face reels are much easier for youth to use. 4-H will provide bait.*

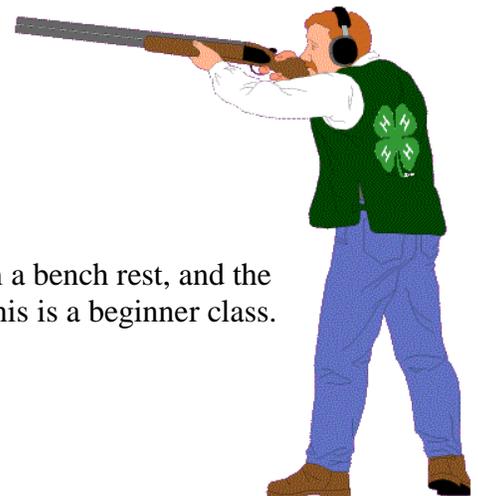
## McDowell 4-H Shooting Sports (Rifle)

July 6, 2017  
Ages: 9-18  
Class limit: 10

9:00 am – 12 noon  
Cost: \$5.00

This workshop is designed to teach youth to properly shoot a .22 rifle, from a bench rest, and the four most common shooting positions. All equipment will be provided. This is a beginner class. The workshop will be taught at Carolina West Shooting Club in Nebo.

*What to bring: Participants are required to wear closed toe shoes.*





### McDowell 4-H Shooting Sports (Archery)

July 10, 2017

Ages: 9-18

Class limit: 10

9:00 am – 12 noon

**Cost: \$5.00**

This workshop is designed to teach youth safety and technique to properly shoot a bow and arrow. All equipment will be provided. This is a beginner class. The workshop will be taught at Carolina West Shooting Club in Nebo.

*What to bring: Participants are required to wear closed toe shoes.*

### 4-H Fruits and Jams

July 11, 2017

Ages 6-18

Class Limit: 10

1:00 pm – 4:30 pm

**Cost: \$5.00**

**Location: NC Cooperative Extension McDowell Center - 60 East Court Street, 2<sup>nd</sup> Floor**



Fruits are a fun food to preserve. Join us as we make jam from peaches and learn ways to can our high acid fruits using a water bath canner. Youth will end the day with a trip to the Historic Marion Tailgate Market to see what is in season. Participants will get to take home a sample!



### Make Your Own Pottery

July 14, 2017

Ages 5-18

Class Limit 10

12:30 pm – 5:00 pm

**Cost \$25.00**

Don't miss out on this. This class is almost always the first to fill up! Participants will spend the day creating pottery by using a potter's wheel and also by using their hands. The workshop will be held at Pinkul Pottery. (Pottery is available at the Extension Office a few weeks after the class, due to finishing time.)

### 4-H Night at the Ballpark

July 17, 2017

Ages 5-18

Class Limit 12

6:00 pm – 11:00ish

**Cost: \$7.00 4-Hers**

**\$8.00 Adults**

What is summer without baseball? Join 4-Hers' from all across Western North Carolina for 4-H Night at the Asheville Tourists. This is a great family event and we encourage families to attend. 4-H will be prominently featured throughout the night and in the past 4-Hers have even got to throw out the first pitch.





# Oconaluftee INDIAN VILLAGE

## Oconaluftee Indian Village/Clingman's Dome

July 18, 2017  
Ages 8-18  
Class limit 12

8:30 am – 5:00 pm  
**Cost: 6-12 \$10.00**  
**13+ \$15.00**

This is going to be an exciting trip. The day will start at Oconaluftee Indian Village in Cherokee as you take a step back in time and see how the Indians lived hundreds of years ago. We will then have a picnic lunch and travel up to the 2<sup>nd</sup> highest peak east of the Rockies. We will hike up to the summit of Clingman's Dome.

*What to bring: Bagged lunch and comfortable walking shoes.*

## Cradle of Forestry/Sliding Rock

July 19, 2017  
Ages 8-18  
Class limit 12

8:30 am – 5:00 pm  
**Cost: \$10.00**

Join us as we travel to the Cradle of Forestry in the beautiful Blue Ridge Mountains to learn about bugs, bogs and beavers. After a picnic lunch we will spend the afternoon at Sliding Rock, a natural water slide in our own backyard.



*What to bring: Bathing suit and towel!*



## Linville Caverns/Linville Falls

July 25, 2017  
Ages 5-18  
Class limit 12

9:00 am – 2:00 pm  
**Cost: \$5.00**

Join us we explore under a mountain right here in McDowell County. We will learn about how the caverns were formed and discovered. Afterwards we will drive up the mountain and have a picnic lunch at Linville Falls and then hike to the falls.

*What to bring: Comfortable hiking shoes.*

## 4-H Campfire Cooking

July 27, 2017  
Ages 5-18  
Class Limit 12

8:30 am – 1:00 pm  
**Cost \$7.00**

Join Lawrence Moore, as he demonstrates open fire cooking. Participants will learn how cook, using Dutch ovens and other methods of camp fire cooking. At the end of the class, participants will enjoy the meal they have prepared.



*What to bring: Wear closed toe shoes clothes.*

## **Down on the Farm: 4-H Farm Day**

August 8, 2017

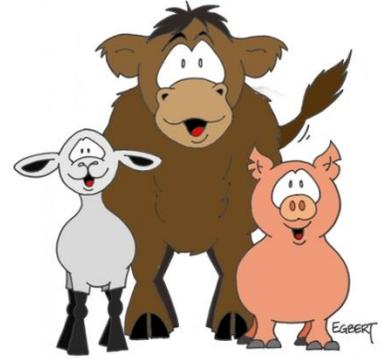
Ages 5-18

Class Limit 12

8:30 am – 12: 00 pm

**Cost: \$5.00**

Youth will get to experience farm life for a day. Farmers in McDowell County provide a wide variety of fresh, nutritious food for us to eat. We will visit farms and learn food is grown. You may get a chance to see some chickens and some other farm animals.



*What to bring: Wear close toed shoes*



## **Dollywood**

August 15, 2017

Ages 10-18

Class Limit 12

8:30 am – 9:30 pm

**Cost: \$45.00**

Join us for our end of summer celebration trip. Spend all day at Dollywood theme park in Pigeon Forge, Tennessee. For more information about Dollywood please go to their website at [www.dollywood.com](http://www.dollywood.com). This is an all day trip and participants will need money for food and souvenirs. 4-H will pay for dinner on the way home.

*What to bring: Comfortable shoes, a bag lunch and sunscreen*

# 4-H Summer Discovery Registration Form

Child's Name \_\_\_\_\_ Age \_\_\_\_\_

Date of Birth \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parent's/Guardian's Name \_\_\_\_\_

Daytime Phone (required) \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

T-Shirt Size \_\_\_\_\_ (if applicable)

**I WANT TO ENROLL IN THE FOLLOWING SUMMER PROGRAMS:**

Activity	Date	Cost	Total
Ziplining	June 20	\$45.00	
Fish On!	June 23	\$5.00	
Rifle	July 6	\$5.00	
Archery	July 10	\$5.00	
Fruits and Jams	July 11	\$5.00	
Pottery	July 14	\$25.00	
Asheville Tourist Ballgame	July 17	\$7.00 Youth \$8.00 Adult	
Indian Village/Clingman's Dome	July 18	6-12 \$10.00 13 + \$15.00	
Cradle of Forestry/Sliding Rock	July 19	\$10.00	
Linville Caverns/Linville Falls	July 25	\$5.00	
Campfire Cooking	July 27	\$7.00	
Down on the Farm	August 8	\$5.00	
Dollywood	August 15	\$45.00	
Insurance Cost (One Time Fee)			\$1.00
T-Shirt	<b>FREE</b> w/ 3 or more activities	\$10.00	
<b>Total</b>			